



LA SPORTIVA PRAGUE PARK RACE

DIVOKA SARKA

SATURDAY 8. 6. 2019

RACE INSTRUCTIONS

PROGRAM:

- 9:00-10:45 – registration
- 10:45 – mass start of the 8 km race
- 11:00 – mass start of the 14 km race
- approx. 13:30 – prize giving ceremony and a raffle

PLACE

- camping “Kemp Džbán” (street “Nad Lavkou”, Praha 6 – <https://mapy.cz/s/1rrdT>)
- transport:
 - public transport:
 - Metro A – “Veleslavin” station, then 1 km walk
 - by car:
 - direction from “Evropska” street, free parking in front of the camping

REGISTRATION:

- registration (getting your start number, gifts and pre-ordered t-shirt) – 9:00 to 10:45, **please tell us your name at the registration**
- late entry fee CZK 450 (limited places)
- registration change fee CZK 50, course change free
- please check your registration here: <https://irontime.cz/startovka1452/>

TIMING CHIP:

- **RETURNABLE chip** will be used for this race
- in the registration bag you get a plastic chip and a leg strap
- slide the chip onto the strap and attach it to your ankle
- in the finish we will collect the chip
- **if you do not run but you will pick up your registration bag please return the chip to us at the registration!**
- **if you do not return a chip on the day of the race you will be charged CZK 500**

COURSE:

- 14 km main race and 8 km accompanying race
- both courses follow paved and unpaved roads, paths and meadows through beautiful and wild nature of Divoka Sarka
- one refreshment station with water and sports drink at 8th km (14 km course) and 5th km (8 km course) respectively
- course map: <http://pragueparkrace.cz/en/divoka-sarka/trasa/>
- each kilometer marked by a sign, marking is only approximate
- course marked by flags, blue arrows on the ground and a tape
- time limit is two hours
- please be careful to other visitors of Divoka Sarka

FACILITIES IN THE EVENT CENTER:

- changing tents
- WC – in the building
- use a paper strip “ÚSCHOVNA” attached to your start number to mark your bag if you want to you put it in the depository (rubber bands available there)
- return of the bag will only be possible upon the presentation of your start number
- the organizer is not responsible for personal belongings and valuables
- please recycle waste (plastic / other), take home and recycle glass, paper etc. – thank you!
- refreshment stands
- limited number of race t-shirts for sale (CZK 350)

RAFFLE:

- we draw valuable prizes from race partners!
- put a paper strip “TOMBOLA” attached to your start number to HUDY stand for a chance to be drawn
- prizes will be handed over only to present competitors upon showing their start numbers

**All competitors race at their own risk a must adhere to the race rules.
We tried to find a course for you to enjoy the most of running in the nature close to
the city. We are looking forward to seeing you!**

Organizing team of the Prague Park Race
<http://pragueparkrace.cz> | <https://facebook.com/pragueparkrace/>
<https://instagram.com/pragueparkrace/> | info@pragueparkrace.cz